

Notice of Event

“Make Your Scot Fly” Performance Clinic

April 29th, 30th, 2017
Lake Murray Sailing Club
Chapin, SC 29036



Scheduled just in time for a "Great 48" tune up, Flying Scot Fleet 158 and Lake Murray Sailing Club invite you to participate in our annual performance clinic, ***Make Your Scot Fly***.

Facilitated by maker of *Mad Sails* and winning regatta veteran, **Ryan Malmgren**, this event targets the novice or intermediate Flying Scot sailor while offering an opportunity for the regatta experienced to advance to the next level.

***Make Your Scot Fly* is a great opportunity to improve your total performance curve. Don't Miss it! Register now!**

A unique blend of coaching and on-board mentoring, *Make Your Scot Fly* employs an enhanced instructional approach.

- "Top Gun" Ryan Malmgren, using a very familiar format, will facilitate any land side briefings and demos, then offer on-the-water coaching from a support boat.
- Regatta experienced Flying Scot sailors will be on hand to provide on board coaching for specific skill sets as suggested by our "Top Gun" coach.
- A third component will be emphasis on crew work. On board coaches are prepared to help skipper and crews enhance boat handling and communication efficiencies.

We encourage you to bring your own boat for this event. Boat prep and familiarity with the setup are important to performance. For any who may be unable to transport boats

to our venue, please call or email Fleet Captain Ryan Gaskin using the contact information below. We do have some competitive boats available and will make every effort to accommodate your request.

You should bring your regular crew if at all possible. Crew training is an important component of this clinic. If you can't bring crew, consider attending anyway. Contact Fleet 158 Captain Ryan Gaskin if you find you need crew arrangements.

The event will involve a full day of on the water instruction, with possibly some "dry land" demos, on Saturday. Every effort will be made to provide you with useful "on board" coaching time as needed. Sunday, we will set up a series of short races where you can try on your newfound competitive skills. During the competition, you will receive on-the-water coaching, but the competition will be real.

We offer free on-site camping, proximity to hotels, excellent clubhouse facilities and wonderful down home" hospitality. Please refer to our website, <http://www.lmsc.org/make-your-scot-fly>, for on line registration , directions to LMSC, and local hotel information.

The club will be open at 2:00 pm Friday April 28th for guests who wish to set up camp or park boats before retiring to the hotel.

A catered BBQ Dinner will be available Saturday evening. Complimentary continental breakfasts will be available Saturday and Sunday.

Advance registration by as many participants as possible will be helpful. The fee for registration after April 24th, 2017 increases from \$35 to \$45. For [on line registration](#), please mail checks, payable to ***Flying Scot Fleet 158***, under separate cover to:

Ryan Gaskin
200 Peninsula Way
Columbia, SC 29229

Phone: 803-609-6771
E-mail: r98gaskin@gmail.com

See schedule of events on page 3.

***April 2017 “Make Your Scot Fly” Schedule:**

4/28	2:00 pm	Club opens for guests.
	5:30 pm.	Snacks & Beverages
4/29	8:00 am	Complimentary continental breakfast
	9:00 - 10:00 a.m.	Registration, rig, launch
	10:00 am	Land side demos or tips on rigging, boat handling, trim
	11:00 am	Coaches briefing/Team assignments
	11:30 am	Break for lunch (Bring your own)
	5:30 pm	Cocktails. De-brief & Briefing for Sunday
	6:30 pm	Dinner
4/30	8:00 am	Complimentary continental breakfast
	9:30 am	First warning - Instructional races
	12:30 p.m.	Lunch followed by Make Your Scot Fly Diploma and Trophy Presentations

*Our schedule may be adjusted as necessary to fit your needs or any contingencies. We want the instructional "supply" to fit the learning "demand".

