

Ephraim Regatta FLYING SCOT CLINIC

Friday, August 5th 2022 (10:30 am – 4:30 pm)

Sponsored by the Sauter and Dischner Families



David Ames and PJ Buehler are the reigning Flying Scot North American and Midwinter champions. They have been sailing together for over 20 years, during which time they have won multiple national championships, the Youth World Championship and made a bid for the Olympics.

Clinic Itinerary

Before 10:30 Attendees should rig and have boats ready to launch before the clinic start time.

10:30 - 11:00 Introduction and a short lecture on how to make the biggest improvements to your racing results at the Ephraim Regatta. David Ames will review weather predictions, rig set-up, control line settings and starting strategy with 20+ boats on the starting line.

11:00 - 12:00 Skippers break-off and meet with David Ames for a follow-up discussion about steering modes, sail trim and tips that are critical to driving the Flying Scot. Crews will gather with PJ Buehler for a lecture on finer details of jib trim, spinnaker trim, weight placement, and boat handling techniques.

12:00 - 1:00 Break for lunch (BYO). Launch boats and get out on the water.

1:00 - 3:00 On the water drills, practice starts and practice race(s). After races, please pull boats ASAP so the debrief can begin.

3:30 Debrief with Q&A.

6:00 Welcome Party.

This free clinic is open to 117th Ephraim Regatta participants, thanks to the generosity of our sponsors. Please sign-up when registering.